

## **JANUARY 2025**

## STARFISH FAMILY SERVICES CATERED FOOD MENU

FAMILY SERVICES Notes: whole milk served with <u>every</u> breakfast, WGR = Whole Grain Rich, HM = Home Made, EHS menu modified for choking hazards

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			l No school	2 No school	3 No school	4
5	6 Raisin Bread, Orange Juice Chicken Tenders w/ Honey Mustard, Macaroni Salad, Pineapple, Green Beans WGR Graham Crackers, Pears	7 Cornflakes, Diced Pears Beefy Rotini Pasta, Orange Wedges, Sweet Peas Strawberry Gogurt, Apple Slices	8 English Muffin, Whole Apples Turkey Sausage, Apple Sauce, French Toast, Hashbrowns WGR Wheat Crackers, String Cheese	Strawberries, Broccoli	Chicken Salad w/ WGR Crackers, Cantaloupe, Tomato Slices	11
12	13 WGR Cheerios, Fruit Cocktail HM Veggie Soup w/ WGR Turkey Sandwich, Tropical Fruit WGR Goldfish, Milk	14 WGR Blueberry Muffin, Clementines WGR Beefy Pasta, Apples, California Vegetables WGR Chex Mix, Milk	WGR Bagel, Apple Sauce Chicken Shawarma w/ Toum, WGR Pita, Melon, Broccoli WGR Teddy Grahams, Mixed Fruit	16 WGR Waffles w/ Bananas Beef Burrito Bowl w/ WGR Cilantro Rice, Beans, Oranges Soft Pretzel w/ Cheese Dip	17 WGR Kix, Pineapples Greek Chicken Pasta Salad w/ Creamy Feta Dressing WGR Tortilla Chips 'n' Salsa	18
19	20 No school	21 French Toast Sticks, Apple Juice Veggie Lasagna w/ Breadstick, Peaches, Spinach/Carrots Tomato Slices 'n' Ranch	22 Sliced Apples 'n' Yogurt Mesquite Chicken w/ WGR Roll, Green Beans, Pinapple WGR Cheddar Goldfish, Milk	23 WGR Cheerios, Oranges HM Southern Pinto Beans, WGR Corn Muffin, Oranges, Collards WGR Graham Crackers, Apples	24 WGR Banana Muffin, Peaches Turkey 'n' Cheese Wrap, Pears, Celery Sticks w/ Ranch WGR Sunchips, Milk	25
26	27 WGR Chex, Apple Slices BBQ Beef Sandwich, Cole Slaw, Broasted Potatoes WGR Animal Crackers, Milk	28 Cinnamon Bread, Bananas HM Chili Con Carne, WGR Crackers, Sliced Carrots, Apple Slices WGR Crackers 'n' Cheese Sticks	29 Corn Flakes, Oranges Curry Chicken w/ WGR Rice Pilaf, Cantaloupe, Sweet Peas WGR Cheez-Its, Milk	30 WGR Muffin, Peaches Grilled Chicken Nuggets, WGR Bread, Fruit, Side Salad Hummus w/ WGR Pita Bread	31 English Muffin, Oranges Grilled Chicken, WGR Roll, Pineapples, Peas/Carrots WGR Chex Mix, Milk	