

JANUARY 2025

STARFISH FAMILY SERVICES CATERED FOOD MENU

FAMILY SERVICES Notes: whole milk served with <u>every</u> breakfast, WGR = Whole Grain Rich, HM = Home Made, EHS menu modified for choking hazards

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			No school	No school	No school	
5	6 Raisin Bread, Orange Juice	7 Cornflakes, Diced Pears	8 English Muffin, Whole Apples	9 Cinnamon Chex, Pineapples	10	11
	Chicken Tenders w/ Honey Mustard, Macaroni Salad, Pineapple, Green Beans WGR Graham Crackers, Pears	Beefy Rotini Pasta, Orange Wedges, Sweet Peas Strawberry Gogurt, Apple Slices	Turkey Sausage, Apple Sauce, French Toast, Hashbrowns		No school	
12	13 WGR Cheerios, Fruit Cocktail HM Veggie Soup w/ WGR Turkey Sandwich, Tropical Fruit WGR Goldfish, Milk	14 WGR Blueberry Muffin, Clementines WGR Beefy Pasta, Apples, California Vegetables WGR Chex Mix, Milk	WGR Bagel, Apple Sauce Chicken Shawarma w/ Toum, WGR Pita, Melon, Broccoli WGR Teddy Grahams, Mixed Fruit	16 WGR Waffles w/ Bananas Beef Burrito Bowl w/ WGR Cilantro Rice, Beans, Oranges Soft Pretzel w/ Cheese Dip	17 No school	18
19	20	21	22	23	24	25
	No school	French Toast Sticks, Apple Juice Veggie Lasagna w/ Breadstick, Peaches, Spinach/Carrots Tomato Slices 'n' Ranch	Sliced Apples 'n' Yogurt Mesquite Chicken w/ WGR Roll, Green Beans, Pinapple WGR Cheddar Goldfish, Milk	WGR Cheerios, Oranges HM Southern Pinto Beans, WGR Corn Muffin, Oranges, Collards WGR Graham Crackers, Apples	No school	
26	27	28	29	30	31	
	WGR Chex, Apple Slices BBQ Beef Sandwich, Cole Slaw, Broasted Potatoes WGR Animal Crackers, Milk	Cinnamon Bread, Bananas HM Chili Con Carne, WGR Crackers, Sliced Carrots, Apple Slices WGR Crackers 'n' Cheese Sticks	Corn Flakes, Oranges Curry Chicken w/ WGR Rice Pilaf, Cantaloupe, Sweet Peas WGR Cheez-Its, Milk	WGR Muffin, Peaches Grilled Chicken Nuggets, WGR Bread, Fruit, Side Salad Hummus w/ WGR Pita Bread	No school	