



FEBRUARY 2025

STARFISH FAMILY SERVICES MARYGROVE FOOD MENU

Notes: whole milk served with every breakfast, WG = Whole Grain, HM = Home Made, EHS menu modified for choking hazards

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 WGR Raisin Bagel, Pineapple WGR Italian Meatball Sub, Mixed Veggies, Oranges Teddy Grahams, Apple Sauce	4 WGR Cereal, Fruit Cocktail HM Mac 'n' Cheese, Green Beans, Watermelon Strawberry Yogurt, Pineapples	5 WGR Waffle, Apple Sauce Grilled Cheese w/ Tomato Soup w/ Banana Slices Graham Crackers, Milk	6 WGR Muffin, O.J. Chicken Fried Rice/Spring Roll, Broccoli, Crushed Pineapple Cheddar Goldfish, Milk	7 WGR Kix, Oranges Chicken Fajitas, Honey Dew, Refried Beans WGR Soft Pretzel, Cheese Dip	8
9	10 WGR French Toast, Diced Pears HM Chicken 'n' Wild Rice Soup, California Veggies, Cheddar Biscuit, Pineapples WGR Wheat Crackers w/ Cheese	11 Sliced Apples w/ Yogurt Turkey Burger w/ WGR Bun, Diced Peaches, Tator Tots WGR Sun Chips, Fruit Cocktail	12 WGR Chex, Apple Juice Baked Mozzarella Cheese Ravioli, Spinach, Garlic Bread, Mixed Fruit WGR Chex Mix, Pears	13 Reduced Sugar Trix, Peaches Turkey 'n' Gravy w/ WGR Roll, Corn, Mashed Potatoes Cucumber Slices 'n' Ranch	14 WGR Cheerios, Oranges Pepper Steak w/ WGR Rice, Apples, California Veggies WGR Animal Crackers, Milk	15
16	17 Raisin Bread w/ O.J. Chicken Strips w/ Honey Mustard, Macaroni Salad, Green Beans, Fruit WGR Graham Crackers, Pears	18 Cornflakes, Diced Pears Beefy Rotini Pasta, Orange Wedges, Sweet Peas Strawberry, Apple Slices	19 English Muffins, Whole Apples French Toast w/ Turkey Sausage, Hash Browns, Applesauce WGR Crackers, String Cheese	20 Cinnamon Chex, Pineapples Mac 'n' Cheese w/ Dinner Roll, Strawberries, Broccoli WGR Sun Chips, Peaches	21 WGR Pancakes, Oranges Chicken Salad w/ WGR Crackers, Cantaloupe, Tomato Slices WGR Cheez-Its, Milk	22
23	24 WGR Cheerios, Fruit Cocktail Turkey 'n' Swiss Sandwich w/ HM Vegetable Soup, Mixed Fruit Cheddar Goldfish, Milk	25 WGR Muffin, Clementine WGR Beef Spaghetti, Mixed Veggies, Apples WGR Chex Mix, Milk	26 WGR Bagel, Applesauce Chicken Shawarma w/ WGR Pita, Watermelon, Broccoli WGR Teddy Grahams, Mixed Fruit	27 WGR Waffles, Banana Burrito Bowl w/ Beef, Cilantro Rice, Beans, Oranges WGR Soft Pretzel, Cheese Dip	28 WGR Kix, Pineapples Greek Chicken Pasta salad w/ Mixed Greek Veggies WGR Tortilla Chips 'n' Salsa	