



FEBRUARY 2025

STARFISH FAMILY SERVICES FOOD MENU

Notes: whole milk served with every breakfast, WG = Whole Grain, HM = Home Made, EHS menu modified for choking hazards

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Corn Chex, Diced Peaches Veggie Sausage 'n' Cheese Tator Tots, Diced Pears Strawberries w/ Vanilla Yogurt	4 Tropical Fruit, French Toast Roast Beef 'n' Cheddar WGR Sandwich w/ Veggie Soup Cinnamon Bug Bites, Milk	5 Banana w/ Toasted Oats Chicken Fried Rice, Oranges, Peas 'n' Carrots Crackers 'n' Colby Cheese	6 Cinnamon Bagel, Diced Pears Meatball Sub w/ Sauce, Apple Sauce, Green Peppers Strawberry Chex w/ Milk	7 No school	8
9	10 Peaches, WGR Cheerios Cheesy Garlic Pull-Apart Bread, Apple Slices, Baby Carrots WGR Muffin, Apple Juice	11 WGR Bagel w/ Cream Cheese, Apple Sauce Chicken Curry over WGR Rice, Mandarin Oranges, Mixed Veggies Teddy Grahams, Milk	12 Mixed Melon, WGR Muffin HM Mostacolli, Mixed Salad w/ Italian Dressing, Clementine Strawberries w/ Vanilla Yogurt	13 WGR Chex, Diced Pears Chicken Taco/Salad, Diced Pears, Salsa Tortilla Chips 'n' Salsa	14 No school	15
16	17 WGR Chex, Apple Sauce Chicken Sandwich on WGR Bread, Broccoli, Oranges Emoji Crackers, Orange Juice	18 WGR Waffles, Pineapples WGR Cheese Ravioli, Green Beans, Diced Pears WGR Crackers w/ Cheese	19 WGR Lemon Bread, Oranges Swedish Meatballs over WGR Rice, Salad Mix, Apple Slices WGR Crackers, Milk	20 Banana w/ Rice Krispies BBQ Chicken Sub, Roasted Potatoes, Watermelon WGR Muffin, Apple Sauce	21 No school	22
23	24 WGR English Muffin, Pineapple Veggie Sausage 'n' Cheese Tator Tots, Diced Pears Apple Slices, Soy Butter	25 WGR Bagel, Apple Sauce WGR Cheese Quesadilla, Southwest Corn, Pineapple Apple Sauce, Colby Cheese Stick	26 WGR Maple Pancakes, Pears Chicken a la King w/ WGR Rice, Peaches, Mixed Veggies Strawberry Chex, Milk	27 Banana w/ Toasted Oats WGR Mozzarella Calzone, Apple Sauce, Salad w/ Ranch WGR Vanilla Goldfish, O.J.	28 No school	