



December 2024

STARFISH FAMILY SERVICES MARYGROVE FOOD MENU

Notes: whole milk served with every breakfast, WGR = Whole Grain Rich, HM = Home Made, EHS menu modified for choking hazards

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	<p>2</p> <p>WGR Cheerios, Fruit Cocktail Turkey 'n' Swiss Sandwich w/ Veggie Soup, Tropical Fruit WGR Goldfish, Milk</p>	<p>3</p> <p>WGR Muffin, Clementines Spaghetti w/ Ground Beef, California Veggies, Apples WGR Chex Mix, Milk</p>	<p>4</p> <p>Wheat Bagel, Apple Sauce Chicken Shawarma w/ Pita, Watermelon, Broccoli WGR Teddy Grahams, Fruit Cocktail</p>	<p>5</p> <p>WGR Waffles, Banana Beefy Burrito Bowl, Cilantro Rice, Pinto Beans, Oranges WGR Pretzel, Cheese Dip</p>	<p>6</p> <p>WGR Kix, Pineapples Greek Chicken Pasta w/ Mediterranean Veggies WGR Chips 'n' Salsa</p>	7
8	<p>9</p> <p>WGR Blueberry Chex, Pineapples Mandarin Chicken Salad w/ Pita, Lettuce/Tomatoes, Oranges WGR Crackers 'n' Spinach Dip</p>	<p>10</p> <p>WGR French Toast, Apple Juice Vegetarian Lasagna w/ Breadstick, Spinach/Carrots, Diced Peaches Tomato Slices w/ Ranch Dressing</p>	<p>11</p> <p>Yogurt w/ Sliced Apples Mesquite Chicken, WGR Roll, Green Beans, Pineapple Tidbits WGR Goldfish, Milk</p>	<p>12</p> <p>WGR Cheerios, Oranges HM Southern Pinto Beans, Collard Greens, Oranges WGR Graham Crackers, Milk</p>	<p>13</p> <p>WGR Banana Muffin, Peaches Turkey 'n' Cheese Wrap, Pears, Celery w/ Ranch WGR Sunchips, Milk</p>	14
15	<p>16</p> <p>Yogurt w/ Sliced Apples BBQ Beef Sandwich, Cole Slaw, Roasted Potatoes WGR Animal Crackers, Pineapples</p>	<p>17</p> <p>Cinnamon Bread, Bananas HM Chili Con Carne, WGR Crackers, Apples, Sliced Carrots WGR Crackers, Cheese Sticks</p>	<p>18</p> <p>Corn Flakes, Mandarin Oranges Curry Chicken, WGR Rice Pilaf, Cantaloupe, Sweet Peas WGR Cheez-Its, Milk</p>	<p>19</p> <p>WGR Muffin, Sliced Peaches Grilled Chicken Nuggets, WGR Bread, Tossed Salad, Tropical Fruit WGR Pita w/ Hummus</p>	<p>20</p> <p>WGR English Muffin, Oranges Grilled Chicken, WGR Roll, Pineapple Slices, Peas/Carrots WGR Chex Mix, Milk</p>	21
22	<p>23</p> <p>No school</p>	<p>24</p> <p>No school</p>	<p>25</p> <p>No school</p>	<p>26</p> <p>No school</p>	<p>27</p> <p>No school</p>	28
29	<p>30</p> <p>No school</p>	<p>31</p> <p>No school</p>				