



# December 2024

## STARFISH FAMILY SERVICES FOOD MENU

**Notes: whole milk served with every breakfast, WGR = Whole Grain Rich, HM = Home Made, EHS menu modified for choking hazards**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Mandarin Oranges, Cornflakes HM/WGR Mac 'n' Cheese, Sweet Peas, Diced Pears WGR Animal Crackers, Milk	3 WGR Waffles, Apple Sauce Roast Beef 'n' Cheddar Roll-Up Potato Salad, Diced Pineapple WGR Veggie Cracker, Cheese Stick	4 Cinnamon Toast, Diced Pears Hamburger w/ WGR Bun, French Fries, Apple Slices WGR Cheez-Its, Apple Juice	5 Rice Krispies, Fresh Strawberries Soy Jammer Sandwich, Baby Carrots, Pineapple WGR Cinnamon Muffin, Milk	6 <b>No school</b>	7
8	9 WGR Corn Chex, Diced Peaches WGR Bean 'n' Cheese Burrito, Corn/Peppers, Oranges WGR Blueberry Muffin, Juice	10 WGR French Toast, Mixed Fruit Turkey & Gravy Sandwich, Carrots, Diced Pineapple WGR Bug Bite Cracker, Milk	11 WGR Toasted Oats, Banana WGR Meatball Sub, Green Pepper Strips, Apple Sauce Townhouse Crackers, Colby Cheese	12 WGR Cinnamon Bagel, Pears Chicken Fried Rice, Peas 'n' Carrots, Oranges WGR Strawberry Chex, Milk	13 <b>No school</b>	14
15	16 WGR Cheerios, Peaches Cheesy Pull-Apart Bread, Fresh Apple Slices, Baby Carrots WGR Cinnamon Muffin, Apple Juice	17 WGR Bagel, Apple Sauce, Turkey 'n' Muenster Sandwich, Broccoli, Sliced Pears Vanilla Yogurt, Strawberries	18 WGR Blueberry Muffin, Melon HM Mostacolli, Cucumbers, Mandarin Oranges WGR Soft Pretzel w/ Cheese Dip	19 WGR Rice Chex, Diced Pears Chicken Taco/Salad, Clementine, Lettuce/Tomato Teddy Grahams, Milk	20 <b>No school</b>	21
22	23 <b>No school</b>	24 <b>No school</b>	25 <b>No school</b>	26 <b>No school</b>	27 <b>No school</b>	28
29	30 <b>No school</b>	31 <b>No school</b>				