



November 2024

STARFISH FAMILY SERVICES CATERED FOOD MENU

Notes: whole milk served with every breakfast, WGR = Whole Grain Rich, HM = Home Made, EHS menu modified for choking hazards

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 No school	2
3	4 Sliced Apples, Yogurt Mesquite Chicken, Green Beans, Pineapple, WGR Dinner Roll WGR Cheddar Fish, Milk	5 WGR Cheerios, Oranges HM Southern Pinto Beans, Collards, WGR Muffin, Oranges WGR Crackers, Apple Slices	6 WGR Muffin, Diced Peaches Turkey 'n' Cheese Wrap, Pears, Celery w/ Ranch WGR Sunchips, Milk	7 WGR Chex, Apple Slices BBQ Beef Sandwich, Roasted Potatoes, Cole Slaw WGR Animal Crackers, Pineapples	8 No school	9
10	11 Cinnamon Bread, Bananas HM Chili Con Carne, Apples, Carrots, WGR Crackers WGR Crackers, Cheese Stick	12 Corn Flakes, Oranges Curry Chicken, Sweet Peas, Cantaloupe, WGR Rice Pilaf WGR Cheez-Its, Milk	13 WGR Muffin, Sliced Peaches Grilled Chicken Nuggets, Salad, Tropical Fruit, WGR Bread WGR Pita Bread, Hummus	14 WGR English Muffin, Oranges Grilled Chicken, Pineapple, Peas 'n' Carrots, WGR Roll WGR Chex Mix, Milk	15 No school	16
17	18 WGR Bagel, Pineapple Chunks Italian Meatball Sub, Oranges Mixed Vegetables WGR Teddy Grahams, Apple Sauce	19 WGR Oat Cereal, Fruit Cocktail Chicken Mac 'n' Cheese Watermelon, Green Beans Yogurt w/ Pineapple	20 WGR Waffle, Applesauce WGR Grilled Cheese, Bananas, HM Tomato Soup WGR Graham Crackers, Milk	21 WGR Muffin, Orange Juice Chicken Fried Rice, Pineapple, Spring Roll, Broccoli WGR Cheddar Goldfish, Milk	22 No school	23
24	25 WGR Kix, Oranges Chicken Fajitas, Refried Beans, Honey Dew Melon WGR Pretzel w/ Cheese Dip	26 WGR French Toast w/ Pears Chicken 'n' Wild Rice Soup, Mixed Veggies, Cheddar Biscuit WGR Crackers, Cheese Stick	27 Sliced Apples, Yogurt Turkey Burger, Diced Peaches, Tater tots Harvest Sunchips, Fruit Cocktail	28 No school	29 No school	30